Louisiana Developmental Disabilities Council

State Five Year Plan Federal Fiscal Years 2012 – 2016

with

Activities for FFY 2014

Approved April 18, 2013 Ratified July 18, 2013

The Council's mission is to advocate for and support people with developmental disabilities to exercise control over their lives and participate fully in the community.

QUALITY ASSURANCE

- Goal 1 1,000 self-advocates and family members of persons with developmental disabilities will advocate for policies and practices that promote the self-determination, independence, productivity, integration and inclusion of people with developmental disabilities in all facets of community life.
 - Objective 1.1 Louisiana's self-advocacy organization consisting of people with developmental disabilities will promote advocacy by guiding local chapters and provide leadership training to individuals with developmental disabilities.
 - Activity 1.1.1 Provide financial support and technical assistance for the operation of People First of Louisiana. People First will develop a plan to become self-sustaining by 2016.

 Approximate Cost: \$63,000 in FFY 2014
 - **Objective 1.2** Individuals with developmental disabilities will participate on cross-disability and culturally diverse leadership coalitions.
 - Activity 1.2.1 Provide information to individuals with developmental disabilities encouraging their participation on identified statewide boards, councils and committees and determine the number of individuals with developmental disabilities represented on targeted boards.
 - Objective 1.3 75 to 100 individuals with developmental disabilities and parents of young children with developmental disabilities will develop skills in leadership development and systems change activities.
 - Activity 1.3.1 Provide financial support and technical assistance for Partners in Policymaking and its alumni network.

 Approximate Cost: \$80,000 in FFY 2014
 - Activity 1.3.2 Support up to two Council members' participation in Partners in Policymaking.

 Approximate Cost: \$3,000 in FFY 2014
 - Objective 1.4 375 people with developmental disabilities and their family members will advance their knowledge of home- and community- based supports and services and promote advocacy leadership through participation in conferences and other training events.
 - Activity 1.4.1 Contract with Families Helping Families Regional Resource Centers (FHF) to financially support stipends for persons with developmental disabilities and their family members to participate in training, conferences, meetings, and events.

 Approximate Cost: \$20,000 in FFY 2014

- Activity 1.4.2 Provide financial support for the continuation and expansion of a training program for people with developmental disabilities by individuals with developmental disabilities on advocacy, independence, self-determination, productivity, integration, and inclusion leadership topics.

 Accomplished in FFY 2013
- Objective 1.5 Members of the Council and its committees will be supported to serve as effective advocates for state and national systems change and receive staff and administrative support to effectively implement the Council's mission and goals.
 - Activity 1.5.1 Support individuals with developmental disabilities and family members of individuals with developmental disabilities in participation in Council meetings and other functions.
 - Activity 1.5.2 Support Council members' participation in training and educational opportunities.

 Approximate Cost: \$3,000 in FFY 2014
 - Activity 1.5.3 Support the Council leadership's participation in national training, networking events and advocacy opportunities.

 Approximate Cost: \$7,000 in FFY 2014
- **Goal 2** Policies and practice will lead to improved quality of community-based supports and services for Louisianans with developmental disabilities.
 - Objective 2.1 The quality of services to people with developmental disabilities in Louisiana will improve as a result of better informed individuals and families and market-driven providers.
 - Activity 2.1.1 Disseminate Medicaid's web-based listing of providers searchable by region through a variety of methods (i.e. Council's website and Facebook page, FHF, etc.) to assist individuals and families in making informed choices.

 Accomplished in FFY 2012
 - Activity 2.1.2 Advocate for sharing provider data online to assist individuals and families in making informed choices regarding waiver providers.
 - **Objective 2.2** Direct Support Professionals (DSPs) serving Louisianans with developmental disabilities will receive competitive compensation.

Activity 2.2.1 Advocate for

- the starting DSP compensation level to be at or above the national average and
- the dedication of a certain percentage of the HCBS rate to DSP costs (based on provider cost reports). Timeline: FFY 2015
- Objective 2.3 DSPs serving Louisianans with developmental disabilities will display a minimum skills set and have access to a graduated certification process with corresponding compensation increases.

Activity 2.3.1 Advocate for

- the development of a (or use of existing) comprehensive and evidence-based training curriculum and certification for DSPs statewide and
- the implementation of graduated pay increases for DSPs to correspond with performance on a graduated certification process. *Timeline: FFY 2015*
- **Objective 2.4** 500 additional individuals with developmental disabilities will self-direct their waiver services.
 - Activity 2.4.1 Promote self-direction through community education through the creation and dissemination of key selling points and benefits and resources to assist in the process (i.e., LaDDC News, Fact sheets, etc.)
- **Objective 2.5** People with developmental disabilities living in their own homes will be kept safe and their rights will be protected.
 - Activity 2.5.1 Provide financial support for a SIL ombudsman pilot program in Jefferson, Orleans, Plaquemines, and St. Bernard Parishes.

 Approximate Cost: \$90,000 in FFY 2014
 - Activity 2.5.2 Provide funding for a Court Appointed Advocates for Vulnerable Adults Program to investigate and provide assistance for vulnerable adults (i.e. a person, eighteen years of age or older, who is a victim of abuse, neglect or exploitation, or who has a disability) who are subject to court proceedings.

 Approximate Cost: \$15,000 in FFY 2014

COMMUNITY SUPPORTS

Goal 3 Changes to policies and practices in Louisiana's developmental disability system will result in adequate funding and availability of quality supports and services in the community and reduce reliance on public and private residential facilities for people with developmental disabilities.

- **Objective 3.1** 4,000 people on the waiting list will begin receiving home- and community-based services by educating stakeholders, policy makers and the public about the waiting list and needed systems reforms.
 - Activity 3.1.1 Provide financial and other support for the grassroots advocacy organization Louisiana Citizens for Action Now (LaCAN).

 Approximate Cost: \$125,000 in FFY 2014
 - Activity 3.1.2 Collaborate with other advocacy groups to plan and support Disability Rights Rallies.

 Approximate Cost: \$5,000 in FFY 2014
 - Activity 3.1.3 Advocate for systems change initiatives, revenue generating strategies, policies and practices needed to expand supports and services.
 - Activity 3.1.4 Monitor the possible restructuring of long-term supports and services to a managed care system and advocate for an increased quality and quantity of services to be included in the reorganized system.
 - **Activity 3.1.5** Research impact of managed care on individuals determined to be dual eligible and make recommendations to DHH.
 - **Activity 3.1.6** Monitor the effect of Medicare/Medicaid dual eligibility on services for people with developmental disabilities.
- Objective 3.2 Admissions to residential facilities will decrease by increasing access to behavioral and medical intervention in the community and the discontinuation of people adjudicated into state-operated facilities.
 - **Activity 3.2.1** Advocate in collaboration with the Advocacy Center for
 - additional providers with specialized expertise in behavioral services;
 - the development of plan upon admission that includes specific activities, persons responsible and timelines for discharge or transition; and
 - improving the home and community based system by soliciting feedback from individual families using or trying to access behavioral health services and sharing that information with the DHH leadership.
 - Activity 3.2.2 Advocate for Self-direction to be exempted from medication administration requirements.

- Activity 3.2.3 Advocate for adequate rates that support services for people with complex medical and behavioral needs.
- Objective 3.3 The number of people in private ICFs/DD per capita in Louisiana will decrease to reach the national average through the transition of people to home- and community-based services.
 - **Activity 3.3.1** Advocate for
 - changes to the rate structure of the Residential Options Waiver to encourage private ICF/DD providers to convert their beds so individuals can transition to waiver services, and
 - the MFP grant program to target residents of private ICFs/DD.
 Accomplished in FFY 2012 (second bullet only)
 - **Activity 3.3.2** Advocate for initiatives that allow residents of private ICFs/DD to obtain waiver services.
- Objective 3.4 The number of people at large public residential facilities will decrease thirty percent through transition to home and community-based services.
 - Activity 3.4.1 Advocate for residents of the Special Education Center to be added to the Developmental Center pool of waiver slots.

 Accomplished in FFY 2012
 - Activity 3.4.2 Monitor OCDD activities in reference to informing families of Special Education Center residents about home and community-based options and advocate with DHH leadership regarding this objective.
 - **Activity 3.4.3** Provide information to the Department of Education and BESE on home and community-based services.
- **Goal 4** Individuals with developmental disabilities, their families, and professionals will obtain the information, training, and support they need.
 - **Objective 4.1** 75,000 individuals with developmental disabilities, their families, and professionals will obtain information, training, and support.
 - Activity 4.1.1 Provide financial support (from state general funds) and technical assistance to nine Families Helping Families Regional Resource Centers across the state.
 - **Activity 4.1.2** Provide information to hospitals and health care professionals on resources available to individuals with developmental disabilities.

- **Goal 5** The Community and Family Support System will continue to deliver flexible, individualized, and person-centered supports.
 - **Objective 5.1** 3,500 individuals with developmental disabilities will receive (Act 378 of 1989) state-funded supports.
 - **Activity 5.1.1** Oversee implementation of, and advocate for, the continuation of the Community and Family Support System Plan.

HEALTH

- **Goal 6** Policies and practices will result in improved health outcomes for Louisiana citizens with developmental disabilities.
 - **Objective 6.1** Access to quality health services for individuals with developmental disabilities will increase.
 - Activity 6.1.1 Advocate for policies that ensure people with developmental disabilities have access to adequate health care services.
 - Activity 6.1.2 Provide support for the modification of a curriculum for Nurse Practitioner (NP) and Physician Assistant (PA) students, development of a curriculum for online Continuing Medical Education (CME) units for physicians, and the expansion of Operation House Call to Shreveport that provides an understanding of experiences of individuals with significant disabilities and their families.
 - **Objective 6.2** Families will have access to information regarding Medicaid providers.

Approximate Cost: \$ 91,100 for FFY 2014

- Activity 6.2.1 Disseminate Medicaid's web-based listing of providers searchable by region through a variety of methods (i.e. Council's website and Facebook page, FHF, etc.).

 Accomplished in FFY 2012
- **Objective 6.3** Individuals with developmental disabilities will have increased access to dental services.
 - Activity 6.3.1 Advocate for the Louisiana Oral Health Coalition Plan to be amended to include increased access to dental services for people with developmental disabilities.

EDUCATION

Goal 7 Changes in policies and practices will result in inclusive, evidence-based, and safe educational settings for students with developmental disabilities.

- 1,000 people will become active in systems advocacy for increased access to inclusive education opportunities among students with developmental disabilities in all publicly funded schools through the support of a statewide family-driven special education grassroots advocacy organization.
 - Activity 7.1.1 Provide financial and other support to Louisiana Together Educating All Children (LaTEACH) for the promotion of appropriate, inclusive education for all students.

 Approximate Cost: \$110,000 in FFY 2014
 - Activity 7.1.2 The Council will be represented on a variety of education policy-making/advisory bodies and support stakeholders who serve on boards.
- Objective 7.2 Changes in policies and practices that result in students with developmental disabilities attaining competitive employment in integrated settings.
 - Activity 7.2.1 Advocate with the LSU-HSC Human Development Center and other collaborators for the development and implementation of policies and practices (i.e., college and career pathways) that ensure students with developmental disabilities have access to and opportunities that prepare them for post-secondary education and/or competitive, integrated employment.
- Objective 7.3 There will be an increase in the number of charter schools, early education programs, and other publically funded education facilities that approximate the percentage of students statewide served with developmental disabilities across all LEAs.
 - Activity 7.3.1 Advocate for improved oversight and monitoring of admissions and service delivery to students with disabilities in Charter Schools, early education programs, and other publicly funded education facilities in collaboration with the Advocacy Center.
 - **Activity 7.3.2** Advocate for financial and accountability structures that support the inclusion of all students.
- **Objective 7.4** Students will be protected from discipline practices that cause harm and/or violate their rights.
 - Activity 7.4.1 Monitor and advocate as necessary against the use of harmful practices (e.g., restraint and seclusion, corporal punishment, unnecessary use of law enforcement, etc.) and alternative positive evidence based options (e.g., positive behavior practices, etc.) and

advocate for policies and practices that promote the safe and effective practices in collaboration with the Advocacy Center.

- **Goal 8** Children participating in EarlySteps will demonstrate improved developmental outcomes through increased access to quality services.
- **Objective 8.1** EarlySteps will return to a transdisciplinary service delivery system.
 - **Activity 8.1.1** Advocate for an accountability structure that ensures
 - service delivery levels greater than 24 hours in a 6-month period have data-driven team justifications,
 - family participation in quarterly team meetings, and
 - outcomes in Individual Family Support Plans will be measureable.
 - **Activity 8.1.2** Provide funding for training/mentoring the Early Intervention Primary Service Provider Model.

Approximate Cost: \$35,000 in FFY 2014

EMPLOYMENT

- **Goal 9** Changes in public policy and practice will result in an increase of 1,000 people with developmental disabilities in integrated individualized employment.
 - **Objective 9.1** Louisiana will develop and implement an Employment First plan.
 - **Activity 9.1.1** Advocate for
 - policies that incentivize services for individualized integrated, competitive employment and dis-incentivize segregated, sheltered day habilitation services,
 - sheltered workshops to transition people into individualized, competitive, paid employment and discontinue admissions into segregated day programs,
 - collaborative policy making and practices across state agencies that promote students being supported in and transitioning into competitive paid employment,
 - LRS and OCDD will collaborate to mandate that all supported employment vendors/providers complete a university-based 40hour training,

- Support family members and other advocates to serve on the Louisiana work team in developing an Employment First agenda and implementation plan including participation in state level meetings.
- Activity 9.1.2 Participate in the development and implementation (if awarded) of the Partnerships in Employment Systems Change grant with the LSU-HSC Human Development Center and other collaborators to enhance statewide collaborations that will facilitate the transition process from secondary and post-secondary school, or other prevocational training settings, to competitive employment in integrated settings.

Accomplished in FFY 2012

- Activity 9.1.3 Provide funding for provision of the LRS-required training in the 40-hour Supported Employment Core Curriculum and the development and provision of a competency-based mentoring program for Employment Support Professionals who have completed the required 40-hour training.

 Approximate Cost: \$60,000 in FFY 2014
- Objective 9.2 The capacity of the employment provider system will improve through evidence-based practice in collaboration with the LSU-HSC Human Development Center.
 - Activity 9.2.1 Provide financial support to the Human Development Center to disseminate a curriculum and provide training to agencies on recommended practices for supporting people with disabilities in employment

Accomplished in FFY 2012

- **Objective 9.3** The Louisiana Vocational Rehabilitation (VR) program's federal draw down will increase.
 - Activity 9.3.1 Advocate for Louisiana to draw down the entire VR grant award and serve individuals with the most severe disabilities.
- **Objective 9.4** Family members and others will be knowledgeable about options for integrated, competitive employment in collaboration with the Advocacy Center and the LSU-HSC Human Development Center.

Activity 9.4.1 Provide financial support to conduct a media campaign to educate employers, individuals with disabilities, family members, and provider agencies about the benefits of having people with developmental disabilities as part of the community-based workforce.

Accomplished in FFY 2013

Activity 9.4.2 Provide funding for an employment education campaign targeting individuals and their family members that emphasizes the benefits of competitive employment.

Accomplished in FFY 2012

RECREATION

- **Goal 10** More people with developmental disabilities will participate in inclusive community recreation activities.
 - **Objective 10.1** Inclusive recreation programs will be developed in at least two areas of the state.
 - Activity 10.1.1 Provide funding to support training and technical assistance that builds the capacity of a city or parish recreation department supporting children with disabilities, including those who need positive behavior support, to participate in recreational activities offered to the general public.

Accomplished in FFY 2012

CHILD CARE

- **Goal 11** The number of quality, affordable, inclusive child care services accessible to parents of children with significant disabilities will increase.
 - **Objective 11.1** The capacity of the Louisiana's child care system to support children with significant disabilities will improve.
 - **Activity 11.1.1** Provide funding to the Arc of Baton Rouge to increase the capacity of child care centers statewide regarding inclusion to accept children with developmental disabilities.

Accomplished in FFY 2013