



Seeking Individuals to Promote Self-Direction

December 9, 2016

The Council is seeking self-advocates with developmental disabilities and/or parents of individuals with developmental disabilities enrolled in the self-direction option to serve as mentors to other individuals with disabilities and parents new to or considering self-direction.

Can you help us find the right people to serve as mentors to others in how to self-direct their waiver services?

Those best suited for this opportunity would be:

- Knowledgeable of self-direction processes and the responsibilities of self-direction for waiver recipients
- Able to speak to small groups of individuals on the benefits of self-direction and offer some strategies for successfully self-directing waiver services
- Able to provide ongoing support to a few people interested in pursuing self-direction

What would be expected from Self-Direction Mentors?

- Host multiple workshops explaining the benefits and responsibilities of self-direction for waiver recipients
- Provide support to build the capacity of selected self-advocates and families in each region to enroll and participate in self-direction.

What support will be provided to the Self-Direction Mentors?

- Up to \$500 per workshop
- Travel reimbursement

If you are interested in this opportunity, please submit your name, contact information, and answers to the questions below to Brenton Andrus at the Council at Brenton.Andrus@la.gov.

1. How long have you been participating in self-direction?
2. How has self-direction helped you and/or your family?
3. Through which waiver do you or your son/daughter receive services?
4. What skill sets/characteristics do you possess that would make you the ideal person to promote self-direction?
5. Describe any public speaking experience you may have.
 - a. If you do not have prior experience, what is your comfort level speaking before audiences? Do you feel you are capable of presenting and communicating information before an audience effectively?

Contact Us

LaDDC News is the electronic newsletter for the LA Developmental Disabilities Council. If there are any questions about the information above, contact the Council by replying to this email, or calling the toll free number listed below:

phone: 1-800-450-8108

email: info@laddc.org

website: www.laddc.org

facebook: www.facebook.com/LaDDCouncil

Click [HERE](#) to view all recent LaDDC News articles